

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: 12 Step Program**

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**Gender Specific for:BOTH**

*Description:*

12 step fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from addiction. Meetings are held in a variety of formats, ie, step meetings, speaker meetings, etc.; and are held on a weekly basis. Addiction services or volunteer services staff coordinate the meetings and provide oversight for the program.

- \* Alcoholics Anonymous
- \* Narcotics Anonymous
- \* NA Writing Step for Recovery - correspondence based.
- \* Al-Anon (YCI only)
- \* Alcoholics Anonymous - Spanish
- \* Alcoholics Anonymous - English
- \* CODA - Codependents Anonymous
- \* Wellbriety
- \*\*\* 12 Step programming availability can vary by facility

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Substance Abuse (SA)*

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**Compendium Program: 5 or 7 Day Job Assignments**

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**Gender Specific for:BOTH**

*Description:*

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*

*Life Skills (LS)*

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

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**Compendium Program: Addiction Services - Assessment & Orientation**

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**Gender Specific for:BOTH**

*Description:*

Addiction Services - Assessment and Orientation consists of one or two sessions designed to assess the appropriate Treatment Needs Assessment Score to be assigned to each offender, provide basic substance abuse education. It provides the offender with information about available community resources, and provides the offender with information on available substance abuse treatment programs available throughout the Connecticut Department of Correction.

*Facilities:*

MANSON YI;WALKER RC;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

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**Compendium Program: Administrative Segregation - York CI - Phase 1**

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**Gender Specific for:FEMALE**

*Description:*

*Facilities:*

YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Behavior Modification (BM)

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**Compendium Program: Administrative Segregation - York CI - Phase 2**

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**Gender Specific for:FEMALE**

*Description:*

*Facilities:*

YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Behavior Modification (BM)

*Connecticut Department of Correction*  
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*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: Administrative Segregation - York CI - Phase 3**

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**Gender Specific for:FEMALE**

*Description:*

*Facilities:*  
YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Behavior Modification (BM)

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**Compendium Program: Advanced TREM**

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**Gender Specific for:FEMALE**

*Description:*

Advanced TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets for 16 weeks. It constitutes Phase Three of the CHANGE program which is a series of mental health, trauma informed and gender responsive programs. Therefore it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment), Phase One and TREM, Phase Two. The group is designed to expound on concepts learned in TREM by providing a safe group for female offenders to learn more about trauma and to continue to share their studies.

*Facilities:*  
YORK CI

*Auspices:*  
Mental Health

*Treatment Types:*  
Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Al-Anon**

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**Gender Specific for:BOTH**

*Description:*

This is a self-help support group for friends and family members of alcoholic or problem drinkers. Discussions primarily focus on problematic behaviors exhibited by the alcoholic, helping the attendees develop coping strategies. This on-going evening group is offered weekly.

*Facilities:*  
YORK CI

*Auspices:*

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

Addiction Treatment Unit

*Treatment Types:*  
Substance Abuse (SA)

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**Compendium Program: Anger Management Program**

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**Gender Specific for: BOTH**

*Description:*

This program was designed based upon research regarding what works for Anger Management Programs. This 10-week program includes skill building, cognitive techniques, relaxation techniques and role play. In addition, an assessment tool to ensure program fidelity audits this program. This program can be modified for special populations.

*Facilities:*

BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; OSBORN CI; ROBINSON CI; WILLARD CI; YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Aggression Replacement Training (ART); Cognitive Behavioral Therapy (CBT); Life Skills (LS); Victim Impact (VI)

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**Compendium Program: Artists In Residence-Community Partners in Action (CPA)**

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**Gender Specific for: BOTH**

*Description:*

Accomplished artists provide inmates with an introduction to the basic principles of fine art. Volunteer Artists-In-Residence within correctional institutions bring art behind bars and serve to broaden inmates' abilities to express themselves by developing talents or skills in drawing, painting, music and creative writing. Inmate artwork is collected annually by a Prison Art Program Curator from Hartford's Community Partners in Action (CPA) which operates this service solely through the support of grants from local foundations, corporations and the Connecticut Commission on the Arts. This art collection is arranged for exhibition in community spaces across the state. The CPA also publishes an annual journal of arts in correction serving to bring creative writing, poetry and visual art produced by inmates to the broader community.

*Facilities:*

BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; MACDOUGALL CI; OSBORN CI; YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Life Skills (LS)

*Connecticut Department of Correction*  
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**Compendium Program: Beyond Violence: A Prevention Program for Women**

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**Gender Specific for:FEMALE**

*Description:*

The curriculum uses a Social-Ecological Model to understand and contextualize violence. This four-level model of violence prevention considers the complex interplay between individual, relationship, community, and societal factors. It addresses the factors that put people at risk for experiencing or perpetrating violence. This model is used by the Centers for Disease Control and Prevention and was used in the Prison Rape Elimination ACT research on women in prison.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff;Programs & Treatment Unit

*Treatment Types:*

Aggression Replacement Training (ART);Family Support (FS);Victim Impact (VI)

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**Compendium Program: Biohazard Cleaning Training**

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**Gender Specific for:BOTH**

*Description:*

Training on safety in handling and clean-up of biohazard materials and spills for inmate tier worker/cleaners.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;NEW HAVEN CC;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Unknown

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**Compendium Program: Books for Babies**

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**Gender Specific for:FEMALE**

*Description:*

Through Read to Grow Organization this program provides a literacy packet to families with babies born at one of five hospitals. The goal is to promote early literacy by ensuring that every newborn receives a book and by encouraging parents to share books with their baby from birth. The supplies are delivered and we assemble the supplies creating these packages.

*Facilities:*

YORK CI

*Auspices:*

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

Volunteer Services

*Treatment Types:*  
Family Support (FS)

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**Compendium Program: Braille Program**

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**Gender Specific for: BOTH**

*Description:*

The Braille Program enables qualified inmates to learn a new skill and to use that skill to help the blind people of Connecticut. The objective of this program is to train and form a pool of qualified Braille writers to provide support in a voluntary manner to the Connecticut Braille Association to certify those Braille writers that complete the required training and to maintain such skills for future use in the workplace.

*Facilities:*  
YORK CI

*Auspices:*  
All Facility Staff

*Treatment Types:*  
Life Skills (LS)

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**Compendium Program: Business Education**

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**Gender Specific for: FEMALE**

*Description:*

This course is designed to give students the basic business skills essential to function both in a workplace environment and on a personal level. Students will learn how to evaluate principles, techniques and major functions of management and business organizations. They will understand the U.S. legal system and be able to apply the principles to the environment in which organizations conduct business. Students will learn how to interpret financial statements using accounting and finance principles in order to make evidence-based decisions. Consumer skills, the importance of insurance and the reality of taxes will also be explored.

*Facilities:*  
YORK CI

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

*Connecticut Department of Correction*  
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**Compendium Program: Caregiver and Me**

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**Gender Specific for:FEMALE**

*Description:*

The program consists of two hour visitation time with York CI mother and their children, held at least every other month on a Saturday to enable children to spend quality time with their mothers in the visiting center. Games, toys, books and a craft project facilitated by volunteers will be planned for each session. Pictures of the family unit will be taken by a staff member and distributed to mothers and their families.

*Facilities:*

YORK CI

*Auspices:*

Parenting Unit- Facility Staff

*Treatment Types:*

Family Support (FS);Life Skills (LS)

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**Compendium Program: Catholic Bible Study**

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**Gender Specific for:BOTH**

*Description:*

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Catholic Choir**

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**Gender Specific for:BOTH**

*Description:*

This is a musical program educating inmates in deepening their understanding of the liturgy and enhancing the worship experience provided to all catholic inmates.

*Facilities:*

YORK CI

*Auspices:*

Religious Services

*Connecticut Department of Correction*  
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*Treatment Types:*  
*Unknown*

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**Compendium Program: Catholic Worship Service**

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**Gender Specific for: BOTH**

*Description:*

The weekly Catholic service is the Mass (or a communion service when Mass cannot be held due to the unavailability of a priest). Fulfills constitutional right to worship.

*Facilities:*

*BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

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**Compendium Program: CCAR RECOVERY COACH PROFESSIONAL DESIGNATION (RCP)**

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**Gender Specific for: BOTH**

*Description:*

This program will provide individuals with a pathway to earning a respected professional designation in the recovery coaching field. The CCAR trainings included within this offering will include the CCAR Recovery Coach Academy (currently provided by DOC addiction staff), Ethical Considerations, Professionalism and Multiple Pathways of Recovery. The latter would be provided by CCAR staff, and be facilitated in person within the DOC facilities. While a bulk of the training is in person, several resources and modules may be made accessible to residents through their DOC issued tablets.

*Facilities:*

*CYBULSKI CI; OSBORN CI; ROBINSON CI; YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Substance Abuse (SA)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
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**Compendium Program: CCAR RECOVERY COACHING PROGRAM**

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**Gender Specific for:BOTH**

*Description:*

This program creates an opportunity for recovery Coaches to meet with returning citizens, either in person or via telephone, who are within 30 to 90 days from discharge. They provide seamless transition to community providers and other recovery support services that are vital to re-entry success. The CCAR Recovery Coaching program works has the ability to work with individuals in any DOC facility. The CCAR Recovery Coaching program also provides recovery coaching services to those individuals engaged in the therapeutic communities within Osborn C.I., Carl Robinson C.I. , Cybulski C.I. and York C.I.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Unknown*

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**Compendium Program: CEC - Work Assignment**

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**Gender Specific for:BOTH**

*Description:*

Inmates who are assigned to a work assignment in Correctional Enterprises of Connecticut.

*Facilities:*

*CHESHIRE CI;OSBORN CI;YORK CI*

*Auspices:*

*Correctional Enterprises of Connecticut*

*Treatment Types:*

*Life Skills (LS)*

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**Compendium Program: Certified Nurse Aide Training and Skills Program**

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**Gender Specific for: BOTH**

*Description:*

The Certified Nursing Assistant training provides education and clinical skills training and services for offenders under the supervision of a licensed nurse. Students will receive 12 weeks training that is certified under the CT Department of Public Health. Nursing Assistant skills and training include maintaining a clean and safe environment, knowing the expectations and limits of the work role, respecting confidentiality, following directions, show respect for each patient/offender, sensitivity to beliefs and values, practicing good body mechanics, using medical asepsis for infection control, weights and measures, recognizing signs of distress, understanding proper nutrition and feeding techniques, using precautions to prevent infection, providing comfort and understanding, encouraging exercise and mobility, biohazard cleaning, and more. Successful completion culminates in a State issued certificate and level 3 pay for placement as a CNA in a facility job classification.

*Facilities:*

BRIDGEPORT CC; CORRIGAN CI; CYBULSKI CI; OSBORN CI; ROBINSON CI; YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Education (Ed); Life Skills (LS); Medical (Med)

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**Compendium Program: CHANGE Program**

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**Gender Specific for: FEMALE**

*Description:*

The CHANGE program is a series of mental health, trauma informed and gender responsive programs comprised of three phases. Each phase is an individual program or comprised of optional programming (phase three.) Phase one is TARGET (Trauma Affect Regulation: Guide for Education and Treatment) which is a 10 week program. Phase Two is TREM (Trauma-Recovery Empowerment Model) which is a 16 week program. Lastly Phase Three has programming options such as Advanced TREM-16 weeks, A Woman's Way Through the 12-Steps, Tai-Chi (movement therapy), Stress Management (east side only) and Mindfulness/Meditation.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Education (Ed); Mental Health (MH)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: Choir**

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**Gender Specific for:BOTH**

*Description:*

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services. In some institutions, there may also be Spanish choirs.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;MACDOUGALL CI;ROBINSON CI;YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

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**Compendium Program: Chronic Discipline Phase 1**

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**Gender Specific for:BOTH**

*Description:*

Chronic discipline offenders are designated for this status based on behavioral/institutional adjustment and discipline history. This is a step program prior to more restrictive status. Offenders must complete Phase 1 and 2 prior to being placed back in general population. The programmatic material is designed to help offenders work on their current thought process and decision-making skills. Phase one offers self-study and group reflection in basic emotions, triggers, relaxation techniques, goal setting, creating new habits and radical acceptance among others.

*Facilities:*

*BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Aggression Replacement Training (ART);Cognitive Behavioral Therapy (CBT);Education (Ed)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: Chronic Discipline Phase 2**

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**Gender Specific for:BOTH**

*Description:*

Chronic discipline offenders are designated for this status based on behavioral/institutional adjustment and discipline history. This is a step program prior to more restrictive status. Offenders must complete Phase 1 and 2 prior to being placed back in general population. The programmatic material is designed to help offenders work on their current thought process and decision-making skills. Phase 2 builds off of material in Phase 1. Program offers self-study and group reflection in core beliefs, coping skills, conflict resolution, mindfulness, journaling, strength exploration and goal check ins.

*Facilities:*

*BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;WALKER RC;YORK CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Education (Ed)*

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**Compendium Program: CLICC Literacy Program**

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**Gender Specific for:BOTH**

*Description:*

**Facility-Based Services**

Utilizing trained mentors and contracted grant partners, The Center will offer a twenty-four (24) session program that fosters discussions among parents regarding reconnecting with their children and nurtures parent/child communication through the use of literature. Throughout the course of the facility based component of the program, both child and parent will be assigned specific books (one per month), and will complete literacy exercises through letters to/from child and parent. These exercises will be facilitated by The Center staff, partners and mentors.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CYBULSKI CI;HARTFORD CC;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Education (Ed);Family Support (FS)*

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

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**Compendium Program: Commercial Driver's License (CDL) - Vocational Village**

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**Gender Specific for: BOTH**

*Description:*

The Commercial Driver's License (CDL) program is a hands-on career-training program in which students have the opportunity to earn their CT CDL Learner's Permit through the CT Department of Motor Vehicles. Eligibility is determined by guidelines established by the Federal Motor Carrier Safety Administration (FMCSA) in conjunction with the CT DMV. Safety and knowledge training is aligned with Federal guidelines and students have the opportunity to also engage in virtual practice using a state-of-the-art simulator in various driving scenarios and road conditions.

*Facilities:*

BROOKLYN CI; ROBINSON CI; YORK CI

*Auspices:*

USD#1; Vocational Village

*Treatment Types:*

Education (Ed)

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**Compendium Program: Community Outreach Program**

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**Gender Specific for: FEMALE**

*Description:*

This program provides assistance with Public Service projects for the state, local governments and non-profit organizations. Projects include general cleaning, painting, stripping and waxing floors, office work and outside grounds work. Includes programs:

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

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**Compendium Program: Coping Skills- York CI**

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**Gender Specific for: FEMALE**

*Description:*

This five-session group meets weekly. This group covers issues common to the York CI population; including adjustment, detoxification, difficulty sleeping, anxiety, depression and stress. Stress as a topic is highlighted insofar as it may relate to all of the common themes.

*Facilities:*

YORK CI

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
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*Auspices:*  
*Behavioral Health*

*Treatment Types:*  
*Mental Health (MH);Substance Abuse (SA)*

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**Compendium Program: Cosmetology/Barbering - Vocational Village**

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**Gender Specific for:BOTH**

*Description:*

The Barbering and Cosmetology programs, in conjunction with the CT Department of Public Health (CT DPH), prepare students to become licensed in their respective trade. Course requirements for Barbering are 1000 hours in theory and practice and for Cosmetology, 1500 hours in theory and practice. Upon successful completion, students will receive their Affidavit of Hours which is filed with the CT DPH and which qualifies them to take the state licensure examination upon release. This program provides experiences in hair cutting and treatment, styling and shaving, human anatomy and physiology, and business practices.

*Facilities:*  
*OSBORN CI;YORK CI*

*Auspices:*  
*Vocational Village*

*Treatment Types:*  
*Education (Ed)*

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**Compendium Program: Culinary Arts- Vocational Village**

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**Gender Specific for:BOTH**

*Description:*

The Culinary Arts program is the first step toward pursuing a career in commercial food preparation. Along with classroom and laboratory study, students will participate in a cooperative work experience course while they learn professionalism, leadership, teamwork and service. Students will analyze the theory and techniques of food preparation and presentation and learn how to properly operate commercial kitchen equipment in a safe and efficient manner.

*Facilities:*  
*YORK CI*

*Auspices:*  
*Vocational Village*

*Treatment Types:*  
*Education (Ed)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
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**Compendium Program: DEFY Ventures**

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**Gender Specific for:FEMALE**

*Description:*

Defy Ventures is an employment, entrepreneurship, and personal development training program that supports the incarcerated and formerly incarcerated to become successful, legal entrepreneurs and employees. We “transform the hustle” and maximize the potential of Entrepreneurs-in-Training (EITs) impacted by the criminal justice system by building redemptive communities that pursue entrepreneurship and personal growth.

*Facilities:*

YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed);Life Skills (LS)

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**Compendium Program: Dialectical Behavior Therapy (DBT Skills Group)**

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**Gender Specific for:FEMALE**

*Description:*

This highly structured treatment approach is designed to deal with individuals with a history of self-abuse, such as self-mutilation. It is a cognitive-behavioral modality with an additional element of relaxation/self-soothing.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH)

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**Compendium Program: DUI (Driving Under the Influence)**

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**Gender Specific for:BOTH**

*Description:*

DUI (Driving Under the Influence) Offenders that have a DUI charge and are not eligible for DUI Home Confinement Program.

*Facilities:*

CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Addiction Treatment Unit*

*Treatment Types:*  
*Cognitive Behavioral Therapy (CBT)*

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**Compendium Program: DUI Home Confinement Program: Track Four**

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**Gender Specific for:BOTH**

*Description:*

Offenders who are assessed as needing intensive treatment, having multiple risk factors, or otherwise assessed as inappropriate for DUI HC release.

*Facilities:*  
*OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*  
*Addiction Treatment Unit*

*Treatment Types:*  
*Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

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**Compendium Program: DUI Home Confinement Program: Track One**

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**Gender Specific for:BOTH**

*Description:*

This program comprises screening, assessment and brief treatment (3 program sessions) in the Community Correctional Centers. Offenders in Track 1 will be recommended for release to the DUI Home Confinement Program upon successful completion of the program and with approval of the Warden. Offenders in Track One may be assessed as needing a higher level of care, and may be referred to Track Two.

Lesson I Program Orientation: Developing A working relationship Program overview, expectations, guidelines, identify what you want out of the program and what would you add to the program. Lesson 2 Alcohol and other drug impaired driving: The Laws and beyond the Law; Lesson 3, How Our thinking, attitudes and beliefs control our actions ; Lesson 4; How behavior is learned and changed: learning self-control and driving with care;5;Pathways to relapse and recidivism; Lesson Process and steps to preventing relapse and recidivism; Lesson 6-Preventing relapse and recidivism; building personal recidivism.

*Facilities:*  
*BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;NEW HAVEN CC;YORK CI*

*Auspices:*  
*Addiction Treatment Unit*

*Treatment Types:*  
*Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

*Connecticut Department of Correction*  
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**Compendium Program: DUI Home Confinement Program: Track Three**

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**Gender Specific for:BOTH**

*Description:*

Offenders who are eligible for home confinement, but assessed as needing intensive substance abuse treatment beyond the DUI program and appropriate level of treatment, such as Tier 2 or 4. These offenders may still be eligible for DUI HC release upon successful program completion.

*Facilities:*

*CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

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**Compendium Program: DUI Home Confinement Program: Track Two**

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**Gender Specific for:BOTH**

*Description:*

Initial Screening identifies offenders as low to medium risk based on criminal and substance abuse history. Offender will be transferred to CRCI for a full assessment and DUI HC treatment, 14 session program. Offenders in Track Two may be assigned immediately following screening, or following a denial for immediate release after Track One due to need for additional treatment.

*Facilities:*

*CYBULSKI CI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

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**Compendium Program: DUI Home Confinement Track Five**

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**Gender Specific for:BOTH**

*Description:*

DUI track 5 is for offenders returned by parole from Home Confinement for substance use. Upon re-entry into a facility, an addiction counselor will reassess the offender, to determine the appropriate level of treatment. Track 5 can be of varying lengths, based on the assessed need. Offenders may be eligible for re-release on home confinement, as determined by the Community Release Unit.

*Facilities:*

*CYBULSKI CI;NEW HAVEN CC;ROBINSON CI;YORK CI*

*Auspices:*

*Connecticut Department of Correction*  
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**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Addiction Treatment Unit;Community Addiction Services*

*Treatment Types:*  
*Substance Abuse (SA)*

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**Compendium Program: Education Needs to be Identified by USD#1**

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**Gender Specific for:BOTH**

*Description:*

A transcript review of educational needs will be completed for inmates.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*

*Education (Ed)*

---

**Compendium Program: Exercise Class**

---

**Gender Specific for:FEMALE**

*Description:*

This program run by the Recreation Department is designed to provide inmates with exercise instruction to improve overall health-fitness. Stretching, walking, jogging and calisthenics provide the basic format of these health skills. Classes are conducted in a low impact aerobic package.

*Facilities:*

*YORK CI*

*Auspices:*

*Recreation Services*

*Treatment Types:*

*Life Skills (LS)*

---

**Compendium Program: Expressive Art Therapy**

---

**Gender Specific for:FEMALE**

*Description:*

This program combines psychotherapy with the arts: including art therapy, music therapy, movement therapy, drama therapy and creative writing. It is designed to provide a positive way to manage stress and respond to critical issues of incarceration\_ The goals of the program are to foster more positive behavior patterns, increase self awareness, and encourage participants to become more productive and kindle new and profound ways to move through the world\_

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Mental Health (MH)

---

**Compendium Program: Finding Your Best Self**

---

**Gender Specific for:FEMALE**

*Description:*

Recovery from Addiction, trauma or both is a group based on the book by Lisa M Najavits, PhD. The group teaches patients to: build coping skills, keep themselves safe and find support, set goals, choose compassion over self blame and shame, and move toward their best selves.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Mental Health (MH)

---

**Compendium Program: Forever in My Heart Foundation (Canine Program)**

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**Gender Specific for:FEMALE**

*Description:*

The Forever in My Heart Foundation is an organization that trains rescue dogs to become service animals for disabled veterans. Offenders participate in the dog training program as handlers; they meet with the head trainers of the FIMHF to learn how to properly train each dog. The goal of the program is for each individual service dog to master skills in various components of training in order to enhance the lives of disabled and disadvantaged veterans in Connecticut.

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Facilities:*  
YORK CI

*Auspices:*  
Contracted Program

*Treatment Types:*  
Life Skills (LS)

---

**Compendium Program: Forklift Certification- Vocational Village**

---

**Gender Specific for:BOTH**

*Description:*

The Forklift Operator Certification Program trains participants to become certified forklift operators. The program aims to produce skilled and safety-conscious forklift operators, who can contribute to workplace efficiency, reduce accidents, and comply with industry regulations. Participants will gain proficiency in forklift operation, load handling, safety procedures, and workplace communication, ensuring they are well-prepared to excel in various industries that require forklift expertise. This program is offered ad hoc to participants who are in facilities conducive to forklift operation, and who are enrolled in a vocational or GED program. The Department of Correction will adopt the State Community Colleges Curriculum and offer a 40-hour training, which encompasses both classroom and practical operation of the forklift.

*Facilities:*  
ROBINSON CI;YORK CI

*Auspices:*  
Vocational Village

*Treatment Types:*  
Education (Ed)

---

**Compendium Program: General Referral for ASU (Addiction Services Unit) Program**

---

**Gender Specific for:BOTH**

*Description:*

*Facilities:*  
BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*  
Unknown

*Treatment Types:*  
Substance Abuse (SA)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: General Referral for Vocational Education**

---

**Gender Specific for:BOTH**

*Description:*

A review of vocational education needs will be completed for inmates.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI*

*Auspices:*

*Unknown*

*Treatment Types:*

*Education (Ed)*

---

**Compendium Program: Greenhouse Program**

---

**Gender Specific for:BOTH**

*Description:*

This program reduces offender idleness and exposes them to socially acceptable leisure time and activities by teaching through hands on experience, plant identification, irrigation, propagation, fertilization, garden layout, greenhouse organization, weeding and general garden maintenance. Along with hands on experience, this program may develop patience, a respect for nature, and a sense of pride in one's accomplishments. On the practical side of things, this program will be used to grow vegetables that will be utilized by the food service department for the purpose of subsidizing the menu and realizing monetary savings. The program will also grow flowers to beautify the exterior of the institution and donate the seedlings to local non-profit organizations.

*Facilities:*

*YORK CI*

*Auspices:*

*Recreation Services*

*Treatment Types:*

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

---

**Compendium Program: Grief & Loss Recovery**

---

**Gender Specific for:FEMALE**

*Description:*

This group focuses on providing a supportive setting to guide participants through the process of understanding and working through the grieving process.

*Facilities:*

*YORK CI*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

*Auspices:*  
*Health Services*

*Treatment Types:*  
*Mental Health (MH)*

---

**Compendium Program: Healing Trauma**

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**Gender Specific for:FEMALE**

*Description:*

Healing Trauma was developed by Stephanie Covington LCSW. It is a 6-session trauma intervention group designed for women who have been abused. Each session runs for approximately 2 hours and is best facilitated in groups of 10-12 members in a sequentially closed group. The curriculum is available in both English and Spanish.

There are 4 session topics which include the process of trauma, power and abuse, grounding and self-soothing, and healthy relationships. There is a strong emphasis on grounding skills. Healing Trauma is particularly designed for settings requiring a shorter intervention. The 6-session curriculum allows young adults and women to have a treatment-oriented program, to include the three core things that both staff and group members need. This includes an understanding of what trauma is, its process and the impact that trauma has on both the inner self (thoughts, feelings, beliefs and values) and the outer self (behavior and relationships).

*Facilities:*  
*YORK CI*

*Auspices:*  
*Behavioral Health*

*Treatment Types:*  
*Cognitive Behavioral Therapy (CBT);Family Support (FS);Life Skills (LS);Mental Health (MH)*

---

**Compendium Program: Healthy Relationships**

---

**Gender Specific for:FEMALE**

*Description:*

This group examines relationship issues with particular attention to domestic violence. The trauma often inherent in unhealthy relationships is discussed. Coping skills are taught. Offenders are encouraged to examine past destructive relationships and are given guidance in making healthy relationship decisions in the future.

*Facilities:*  
*YORK CI*

*Auspices:*  
*Mental Health*

*Treatment Types:*  
*Reintegration Enhancement/Relapse Prevention (RERP)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

---

**Compendium Program: Hepatitis B Vaccination Program**

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**Gender Specific for: BOTH**

*Description:*

Health Services, through a grant from the Department of Public Health, offers the Hepatitis B Vaccination Series to youths age 19 and under. The program includes an educational component as well as the 3-part vaccination series.

*Facilities:*

MANSON YI; YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Medical (Med)

---

**Compendium Program: High School Diploma Programs**

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**Gender Specific for: BOTH**

*Description:*

The USD #1 offers opportunities for earning a high school diploma through either USD # 1's Adult Education Program or in some cases in collaboration with USD #1 and the local town/city. To receive a diploma from the local city/town, the former school district must be willing to cooperate with USD #1. USD #1 Adult Education opportunities include the following:

1. The General Education Development (GED) exam provides qualified offenders the opportunity to participate in the examination process in order to receive a Connecticut State High School Diploma.
2. The High School Equivalency Program provides qualified offenders the opportunity to earn the 20 credit hours (120 hours per credit) required to receive a Connecticut High School Diploma.
3. Credit Diploma Program (CDP) provides qualified offenders the opportunity to earn the 20 credit hours (50 hours per credit) required to receive a USD #1 Adult Education High School Diploma.
4. The External Diploma Program (EDP) provides qualified offenders the opportunity to complete a competency portfolio in order to receive a USD #1 Adult Education High School Diploma.

Not all programs are available at all sites, and USD #1 staff review these options with prospective students to assist in the decision regarding which high school diploma program best meets his/her needs.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; ROBINSON CI; WALKER RC; YORK CI

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

---

**Compendium Program: HIV Counseling, Testing & Risk Reduction Education**

---

**Gender Specific for: BOTH**

*Description:*

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; MANSON YI; ROBINSON CI; WALKER RC; YORK CI

*Auspices:*  
Health Services

*Treatment Types:*  
Family Support (FS); Medical (Med)

---

**Compendium Program: HIV Support Services**

---

**Gender Specific for: BOTH**

*Description:*

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

New Beginnings and AIDS Awareness Day has been added to the HIV Support Services program. New Beginnings is an HIV/AIDS support group.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

Health Services

*Treatment Types:*

Family Support (FS);Life Skills (LS);Medical (Med)

---

**Compendium Program: Hospice Program**

---

**Gender Specific for:BOTH**

*Description:*

This program is provided through an interdisciplinary team approach, to provide twenty-four (24) hour compassionate, quality end-of-life care to terminally ill inmates and to view their families and/or those emotionally connected to them as part of the "unit of care". Specially trained inmate volunteers are assigned to provide on-going care and support. This program is also available to all terminally ill male inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at MacDougall-CI. This program is also available to all terminally and chronically ill female inmates in the Connecticut Department of Correction who meet the criteria for transfer into the program at York-CI.

*Facilities:*

MACDOUGALL CI;OSBORN CI;YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS)

---

**Compendium Program: Hospitality- Vocational Village**

---

**Gender Specific for:FEMALE**

*Description:*

This introduction to the hospitality industry teaches the technology used in the industry such as menu costing and cost control, marketing, how to 'wow' the customer and create customer loyalty. Students will learn all aspects of the hospitality business such as how to utilize media related outreach, the accounting process and the integral nature of human resources (hiring, firing of staff, training and evaluation of employees). Students will also learn basic food preparation, how to be an entrepreneur and own their own restaurant, food truck, catering or other food related business.

*Facilities:*

YORK CI

*Auspices:*

Vocational Village

*Treatment Types:*

Education (Ed)

---

**Compendium Program: Houses of Healing**

---

**Gender Specific for:FEMALE**

*Description:*

A 13-session program that helps inmates to identify, express and manage their feelings. It fosters self-understanding, emotional and spiritual growth along with encouraging responsibility and accountability towards one's self and others.

*Facilities:*

YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: How to be Happy**

---

**Gender Specific for:FEMALE**

*Description:*

This is an open group designed to educate participants in changing their thought processes in a more positive direction. This psychoeducational group focuses on mental health and life circumstances and supplies the necessary positive skill-sets needed to help change negative thinking and learn how to handle situations and our behavior in ways that produce a more suitable and happy outcome.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT);Life Skills (LS);Mental Health (MH)

---

**Compendium Program: Individual Native American Smudging**

---

**Gender Specific for:BOTH**

*Description:*

Native American individual Smudging is a physical, mental, emotional and spiritual cleansing, a purification ritual in which individuals connect themselves to the Creator, Mother Earth and the four main directions. This sacred ritual prepares each individual to face the day with hope, peace and tranquility.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Integrated Care for Women with Co-Occurring Program**

---

**Gender Specific for:FEMALE**

*Description:*

This Integrated Care for Women/Co-Occurring Program provides treatment for inmates who have a psychiatric disorder in combination with a substance abuse disorder. This program is eight weeks in duration and covers motivational enhancement therapy , cognitive behavioral therapy and is supported by specially designed 12 step meeting.

*Facilities:*

YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Mental Health (MH);Substance Abuse (SA)

---

**Compendium Program: Invictus - DOMUS Kids**

---

**Gender Specific for:BOTH**

*Description:*

Post release referral for sentenced male offenders aged 17-25 returning to Stamford and Norwalk within 6 - 12 months from end of sentence. Domus' workforce development team supports Stamford young people aged 17 to 26 who are unemployed by providing them with the supports and skills they need to gain employment. Referrals are made by designated reentry counselors.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

---

**Compendium Program: Islamic Studies**

---

**Gender Specific for:BOTH**

*Description:*

Islamic studies devoted to the study of prayer, meditation, self-examination and decision making for a spiritual life. This will assist inmates in confronting issues of life.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Jehovah's Witness Bible Study**

---

**Gender Specific for:BOTH**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Jehovah's Witness principles.

*Facilities:*

CYBULSKI CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Unknown

---

**Compendium Program: Jehovah's Witness Collective Service**

---

**Gender Specific for:BOTH**

*Description:*

This is the weekly Jehovah's Witness worship service.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

Volunteer Services

*Treatment Types:*

Unknown

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

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**Compendium Program: Jewish Holy Day Observances**

---

**Gender Specific for: BOTH**

*Description:*

The holy days of Rosh Hashanah, Sukkot, Hanukkah, Purim, Passover and Shavuot are observed with worship services and feasts.

*Facilities:*

CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; HARTFORD CC; MACDOUGALL CI; OSBORN CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Jewish Sabbath Worship**

---

**Gender Specific for: BOTH**

*Description:*

Sabbath afternoon prayer and reading of weekly Torah position, followed by study & discussion.

*Facilities:*

BROOKLYN CI; GARNER CI; HARTFORD CC; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Jewish Worship and Study**

---

**Gender Specific for: BOTH**

*Description:*

Jewish worship followed by study of the Hebrew Bible or Jewish history.

*Facilities:*

BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WILLARD CI; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

---

**Compendium Program: Jumah**

---

**Gender Specific for:MALE**

*Description:*

Weekly collective Islamic worship service held on Friday between afternoon and late afternoon.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

---

**Compendium Program: Justice Dance Performance Project - Mom and Kids**

---

**Gender Specific for:FEMALE**

*Description:*

The purpose of this program is to provide mothers the opportunity to maintain and strengthen their relationship with their children, which will help to foster family reunification and bonding. This will be accomplished by having mothers meet with JDPP staff in a group setting weekly and having their children participate in program visits with them up to four times per year, which may contain a shared meal.

*Facilities:*

YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Unknown

---

**Compendium Program: Justice Dance Performance Project- I.AM**

---

**Gender Specific for:FEMALE**

*Description:*

JDPP is a non-profit organization that encourages creative expression as a way of increasing positive self-change. This JDPP program offers a variety of art activities and discussions based on different themes that change throughout weekly sessions. The program meets weekly within the WORTH program, including mentors, mentees, and staff. Together, the group will explore leadership, trust, communication, connection, and more through writing, movement, visual arts, and song.

*Facilities:*

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

YORK CI

**Auspices:**

Contracted Program

**Treatment Types:**

Cognitive Behavioral Therapy (CBT);Family Support (FS);Life Skills (LS)

---

**Compendium Program: Justice Dance Performance Project: Residency Performance**

---

**Gender Specific for:BOTH**

**Description:**

This group (formerly named Judy Dworin Performance Project) meets weekly from September through June to develop the themes and life stories that are brought to the surface through song, dance, art, and spoken word performance(s) in late June.

**Facilities:**

CYBULSKI CI;YORK CI

**Auspices:**

Contracted Program

**Treatment Types:**

Education (Ed);Family Support (FS);Mental Health (MH)

---

**Compendium Program: Library**

---

**Gender Specific for:BOTH**

**Description:**

This program is open to those offenders housed on the mental health unit. This program takes place in the institution library where offenders are guided toward reading that promotes personal growth and development.

**Facilities:**

OSBORN CI;ROBINSON CI;YORK CI

**Auspices:**

Health Services

**Treatment Types:**

Education (Ed)

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

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**Compendium Program: Life Skills - A New Freedom**

---

**Gender Specific for: BOTH**

*Description:*

This program is offered to the youth population at MYI and York. A New Freedom is a 24 hour curriculum specific to juvenile offenders that will discuss educational subject matter in nutrition and better hygiene, managing money as well as social/behavioral subjects such as criminal values, friends and peers, use of leisure time and how to connect to your community. The program will explore anger management skill building and stress management while teaching coping skills to the participants.

*Facilities:*

YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Life Skills (LS); Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Life Skills (Life Lessons @ YCI)**

---

**Gender Specific for: BOTH**

*Description:*

This weekly group encourages offenders to develop good social skills that are appropriate to living in both a therapeutic community and the world. Therapeutic games, readings, role-play, and sharing of life experience are used.

*Facilities:*

OSBORN CI; YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Life Skills (LS)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: Living Free Comprehensive Re-entry Services**

---

**Gender Specific for:BOTH**

*Description:*

This program offers an integrated system of care for inmates who have been sentenced to a period of three months or more, who have substance use issues (drug/alcohol score of 3 or higher), co-occurring mental health issues (mental health score of 3 or lower), and physical health concerns (medical score of 1 or higher). The inmates are expected to be released into the greater New Haven community within a four to six-month period of time and must be committed to working with the Living Free Program's Peer Advocates on various re-entry issues and concerns. Living Free will meet with each inmate at their designated facility for a structured four step process to ideally enroll and assess their needs for addiction, mental health, and/or medical treatment and care. If enrolled, the final step of this program is to bring the inmate on an "escorted visit" from their designated facility to the ForDD Clinic to meet with their treatment providers and Peer Advocate for discharge planning prior to their release date. Once released, each inmate is expected to attend weekly appointments with the treatment providers and Peer Advocates at the ForDD Clinic.

*Facilities:*

*NEW HAVEN CC;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

---

**Compendium Program: Medicated Assisted Treatment Program**

---

**Gender Specific for:BOTH**

*Description:*

Medication Assisted Treatment (MAT) is a program that combines behavioral therapy with several medication options to treat substance use disorders. MAT programming in the correctional setting has shown to prevent relapse and overdose among offenders who present with opioid and/or alcohol addiction and decrease illicit opiate use and other criminal activity. The DOC MAT program includes counseling, recovery/social supports and training on the use of NARCAN. MAT program participants are then provided NARCAN prior to discharge. The Addiction Treatment Unit (ATU) provide treatment options and will coordinate services with community providers to ensure continuity of care post release.

*Facilities:*

*BRIDGEPORT CC;HARTFORD CC;NEW HAVEN CC;ROBINSON CI;WALKER RC;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Substance Abuse (SA)*

---

**Compendium Program: Medication Assisted Treatment - MAT**

---

**Gender Specific for:BOTH**

*Description:*

This is a reentry based program that identifies offenders during their incarceration and connects them to a community treatment provider to receive medication assisted treatment. This process allows the offender to have a developed plan for services that is available to them upon their release. Addiction Services Staff coordinates admission into the program and schedules a meeting for the offender to meet with the community provider.

*Facilities:*

*BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Substance Abuse (SA)*

---

**Compendium Program: National Prison Debate League (NPDL)**

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**Gender Specific for:BOTH**

*Description:*

Coaches from the National Prison Debate League meet virtually with a team of 6 inmate participants once a week for 12 weeks. Coaches teach the participants about debate rules and techniques, which develop academic, social, public speaking, and other skills. At the end of the coaching sessions, the debate team competes live against a collegiate debate team. This group runs 2 sessions per year.

*Facilities:*

*CHESHIRE CI;YORK CI*

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Education (Ed);Life Skills (LS)*

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**Compendium Program: Native American Harvest Festival**

---

**Gender Specific for:BOTH**

*Description:*

Delivery of a special meal to commemorate Seasonal Celebration of the Harvest as observed by Native Americans.

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Native American Strawberry Festival**

---

**Gender Specific for:BOTH**

*Description:*

Seasonal Celebration of the First Fruit of the Season and observation of a time of Peace. Special Meal with Strawberries, Appropriate Story, Special Prayers and the exchange of wishes for Peace.

*Facilities:*

BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Native American Worship**

---

**Gender Specific for:BOTH**

*Description:*

Sacred Circle is a community prayer, which includes smudging. It is celebrated weekly.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Native American Worship-Sweat Lodge**

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**Gender Specific for:MALE**

*Description:*

Sweat lodge is a purification ceremony, which includes smudging. It is celebrated monthly.

*Facilities:*

CHESHIRE CI;MACDOUGALL CI;OSBORN CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: New Thoughts**

---

**Gender Specific for:BOTH**

*Description:*

This group teaches us about the Power of changing Our Thoughts (including identifying cognitive distortions).

Participants will learn about the following in a group setting that encourages participation and sharing as well as practice.

The Power of the Pack (which discusses how we innately follow the crowd, but not always to our betterment)

Overcoming Shame

Forgiveness

Misconceptions

Stress Management

Self-Confidence

How to Be Happy

Gratitude

The Power of Change

This program is assigned via Offender Accountability Plan or upon request by the participant.

*Facilities:*

BRIDGEPORT CC;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: Office of Early Childhood Collaboration**

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**Gender Specific for:FEMALE**

*Description:*

The Office of Early Childhood (OEC) is working collaboratively with DOC on parenting related programs to meet the needs of the female offenders. OEC provides monthly workshops and a parenting attachment group called Circle of Security. The Monthly workshops are facilitated by OEC staff and coordinated by DOC staff to ensure inmate participation. These workshops have various topics pertaining to parenting including literacy, infant behavior and shaken baby syndrome, among others. The Circle of Security group is co-facilitated by an OEC staff member and a DOC staff member. It is an 8 week curriculum-based group. Both programs are voluntary for the offenders.

*Facilities:*

YORK CI

*Auspices:*

Parenting Unit- Facility Staff

*Treatment Types:*

Education (Ed);Family Support (FS);Life Skills (LS)

---

**Compendium Program: Our Piece of the Pie, Behind the Walls**

---

**Gender Specific for:BOTH**

*Description:*

Post Release referral for sentenced males and females aged 16-25 returning to Hartford. To be referred Offenders must be within 120 days to end of sentence. OPP is a nonprofit organization dedicated to empowering youth with the key competencies needed to overcome barriers and succeed in education and employment. The OPP path to success is achieved through Personal Development, Academic Achievement, and Workforce Readiness. Referrals are made by designated Reentry counselors.

*Facilities:*

CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: Outside Clearance**

---

**Gender Specific for:BOTH**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Overeater's Anonymous**

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**Gender Specific for:FEMALE**

*Description:*

This program is conducted in English. Overeater's Anonymous is a Fellowship self-help group for women who provide mutual support in obtaining and maintaining a healthy lifestyle while also helping others to recover from overeating addiction. Volunteers chair the meetings on a weekly basis. Addiction Service staff coordinate the meetings and provide oversight for the program.

*Facilities:*

YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Unknown

---

**Compendium Program: Parenting from the Inside: Making the Mother-Child Connection**

---

**Gender Specific for:FEMALE**

*Description:*

Parenting from the Inside is a 9-week, open group. The curriculum is based in Cognitive Behavioral Therapy (CBT) to provide psycho-education and build skills. Women will learn ways to manage their own emotions in order to respond in the best way to their child. They will learn skills to strengthen/develop a relationship with their children through topics that are specific to the Prison environment.

*Facilities:*

YORK CI

*Auspices:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Mental Health*

*Treatment Types:*  
*Cognitive Behavioral Therapy (CBT)*

---

**Compendium Program: Parenting-How to Be a Responsible Mother**

---

**Gender Specific for:FEMALE**

*Description:*

This program is designed to help inmates with children become responsible parents. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

*Facilities:*  
*YORK CI*

*Auspices:*  
*Parenting Unit- Facility Staff*

*Treatment Types:*  
*Education (Ed);Family Support (FS)*

---

**Compendium Program: Pathway Home**

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**Gender Specific for:BOTH**

*Description:*

The Pathway Home Program is conducted by Career Resources Inc. The goal of the Pathway Home Program is to provide reentry and employment programming to eligible, incarcerated individuals before their release. The program includes pre-release and post-release work to include workforce development training and reentry case management.

*Facilities:*  
*CHESHIRE CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;YORK CI*

*Auspices:*  
*Programs & Treatment Unit*

*Treatment Types:*  
*Education (Ed);Life Skills (LS)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

---

**Compendium Program: Patient Care Assistant**

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**Gender Specific for:BOTH**

*Description:*

The Patient Care Assistant training and skills program provide education and clinical skills training and services for offenders under the supervision of a licensed nurse. Students will receive 3 weeks training across 6 specialty job services in healthcare. This program teaches and prepares inmate workers interested in nursing services. PCA's may become eligible to join the CNA program after maintaining good conduct and successful work reports. Training includes confidentiality, body mechanics, using medical asepsis for infection control, weights, and measures, recognizing signs of distress, understanding proper nutrition and feeding techniques, encouraging exercise and mobility, biohazard cleaning, and more. Successful completion culminates in level 2 specialty pay for placement as a PCA in a facility job classification.

*Facilities:*

*BRIDGEPORT CC;CORRIGAN CI;CYBULSKI CI;GARNER CI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Education (Ed);Life Skills (LS);Medical (Med)*

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**Compendium Program: PEP - People Empowering People**

---

**Gender Specific for:BOTH**

*Description:*

This program provides educational training in values clarification, communication skills, problem solving and parenting. The program builds on personal strengths, providing opportunities for participants to gain skills while they take greater control of their own lives.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;GARNER CI;OSBORN CI;YORK CI*

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Family Support (FS);Life Skills (LS)*

---

**Compendium Program: PIECP- Prison Industry Enhancement Certification - Vocational Village**

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**Gender Specific for:FEMALE**

*Description:*

The Prison Industry Enhancement Certification Program is a Pursuit Aerospace Partnership with an objective of generating 28-55 full-time positions annually. Participants in the program will be machinists, encompassing roles such as CNC grinder machinists, production planners, and technical support personnel. Individuals in this role will produce End Mills and will have the opportunity to secure employment at Pursuit Aerospace or other employers seeking to fill similar positions after their release.

*Facilities:*

OSBORN CI;ROBINSON CI;YORK CI

*Auspices:*

Vocational Village

*Treatment Types:*

Education (Ed)

---

**Compendium Program: Pre-natal Education**

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**Gender Specific for:FEMALE**

*Description:*

Pre-natal group offers weekly childbirth education classes to all pregnant York CI inmates. The group facilitator is a Doula from The Office of Early Childhood development (OEC). The program topics include: nutrition, exercise, growth and development of baby, maternal changes with pregnancy, drug and alcohol use in pregnancy, signs & stages of labor, comfort techniques and pain medications, informed choice, postpartum care, newborn bonding, breast vs. bottle feeding, birth control and family planning, hospital protocols and Doulas. The postpartum group is available to all female offenders that have given birth while incarcerated or very recently in the community. The group is facilitated by OEC Doulas. The participants are educated on what types of physical and hormonal changes to expect after delivery and how to best take care of themselves during this transition. the labor coach program is a collaborative effort between OEC Doula and Lawrence and Memorial Hospital (L&M) staff in conjunction with York CI High Risk Infant program. OEC Doulas are trained to work specifically with inmate patients delivering babies at L&M Hospital.

*Facilities:*

YORK CI

*Auspices:*

Health Services

*Treatment Types:*

Family Support (FS)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: Prison Fellowship Academy**

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**Gender Specific for:FEMALE**

*Description:*

The Academy is an intensive in-prison 12-month program that prepares participants to be positive members of their communities inside and outside of prison. Utilizing the evidence-based Change Companies® Getting It Right Reentry Series curriculum and practices, and other curricula, the Academy focuses on six (6) core values of good citizenship: productivity, responsibility, integrity, community, affirmation and restoration.

*Facilities:*

*YORK CI*

*Auspices:*

*Religious Services ;Volunteer Group*

*Treatment Types:*

*Behavior Modification (BM);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP)*

---

**Compendium Program: Problem Sexual Behavior Evaluation**

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**Gender Specific for:BOTH**

*Description:*

Evaluation of inmates that have a history of charges and/or a conviction or disciplinary reports/institutional rule violations for an offense that involves sexual misconduct which may indicate a possible need for treatment of problematic sexual behavior. A clinical interview is conducted and actuarial and/or dynamic risk assessment measures are utilized to determine level and intensity of treatment indicated to address the inmate's problematic sexual behavior.

*Facilities:*

*BROOKLYN CI;MACDOUGALL CI;ROBINSON CI;WALKER RC;YORK CI*

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT)*

---

**Compendium Program: Protestant Bible Study**

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**Gender Specific for:BOTH**

*Description:*

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;YORK CI*

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Auspices:*  
*Religious Services*

*Treatment Types:*  
*Unknown*

---

**Compendium Program: Protestant Bible Study (Spanish)**

---

**Gender Specific for:BOTH**

*Description:*

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

*Facilities:*  
*BRIDGEPORT CC;BROOKLYN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;OSBORN CI;YORK CI*

*Auspices:*  
*Religious Services*

*Treatment Types:*  
*Unknown*

---

**Compendium Program: Protestant Communion Service**

---

**Gender Specific for:BOTH**

*Description:*

This is a sacramental service that offers the administration of the -Lord's Supper-.

*Facilities:*  
*HARTFORD CC;YORK CI*

*Auspices:*  
*Religious Services*

*Treatment Types:*  
*Unknown*

---

**Compendium Program: Protestant Sacrement of Baptism Preparation**

---

**Gender Specific for:BOTH**

*Description:*

A course of studies to prepare inmates for Baptism into the Christian community.

*Facilities:*  
*NEW HAVEN CC;YORK CI*

*Auspices:*  
*Religious Services*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

*Treatment Types:*  
*Unknown*

---

**Compendium Program: Protestant Service**

---

**Gender Specific for: BOTH**

*Description:*

This is the weekly Protestant worship service.

*Facilities:*

*BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

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**Compendium Program: Quinnipiac University Courses**

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**Gender Specific for: FEMALE**

*Description:*

Quinnipiac University provides qualified offenders with opportunities to participate in for-credit undergraduate courses while incarcerated at York CI. In order to qualify for the program, the participating offender must have a high school diploma or GED equivalency.

*Facilities:*

*YORK CI*

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Education (Ed)*

---

**Compendium Program: Ramadan, Eid-UI-Fitr, Eid-UI-Adha**

---

**Gender Specific for: BOTH**

*Description:*

Religiously Required Observations (Annual)

*Facilities:*

*BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI*

Connecticut Department of Correction

**PROGRAMS & TREATMENT UNIT**

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Re-Entry and Discharge Planning**

---

**Gender Specific for:BOTH**

*Description:*

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Reentry Services and Identification Procurement**

---

**Gender Specific for:BOTH**

*Description:*

Reentry counselors at all facilities assist offenders in obtaining various forms of identification prior to release. This includes the following:

Certified Birth Certificates or Registration of Birth (US only)

Social Security Cards (Social Security Administration)

State of CT Photo ID (CT DMV)

ID and Drivers License Renewals (CT DMV)

Husky D - inquiries and activation (DSS)

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;Outside PCS Generic Locations;PCS - Bridgeport;PCS - Hartford;PCS - New Haven;PCS - Norwich/New London;PCS - Residential;PCS - Waterbury;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Programs & Treatment Unit

*Treatment Types:*

Unknown

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

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**Compendium Program: Reentry Welcome Centers**

---

**Gender Specific for: BOTH**

*Description:*

Post Release Referral for male and female offenders returning to specified catchment areas 30 -60 days prior to end of sentence. Individuals returning from incarceration receive support. Centers provide services such as: basic needs; housing; substance abuse/mental health; medical; employment; identification etc. Referrals are done by designated Reentry Staff Welcome Centers are located in Hartford, New Haven, Waterbury and New Britain

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Support Services

*Treatment Types:*

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Sacramental Preparation- Catholic**

---

**Gender Specific for: BOTH**

*Description:*

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community. Available based on facility needs

*Facilities:*

CORRIGAN CI; CYBULSKI CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; OSBORN CI; ROBINSON CI; WALKER RC; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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### **Compendium Program: Second Chance Pell Program**

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#### **Gender Specific for: BOTH**

*Description:*

The Second Chance Pell Program is a Three-Year Pilot Program from the United States Department of Education that allows qualified, participating offenders to attend college courses at selected facilities. The courses are instructed by participating community colleges and currently offer Associate Degrees, Certificates, or classes in Manufacturing, Business Administration, and Human Services.

*Facilities:*

BROOKLYN CI; CHESHIRE CI; CYBULSKI CI; GARNER CI; MACDOUGALL CI; OSBORN CI; ROBINSON CI; YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

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### **Compendium Program: Seeking Safety**

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#### **Gender Specific for: BOTH**

*Description:*

Seeking Safety is an evidence based, present- focused, coping skills therapy to help people attain safety from trauma and/ or substance abuse. It is an extremely safe treatment model as it addresses trauma and addiction, but without requiring participants to develop into the trauma narrative.

*Facilities:*

CHESHIRE CI; MACDOUGALL CI; YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Cognitive Behavioral Therapy (CBT); Mental Health (MH); Substance Abuse (SA)

---

### **Compendium Program: Self-Esteem**

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#### **Gender Specific for: FEMALE**

*Description:*

This group employs psycho-education, cognitive behavioral intervention, and expressive modalities to help participants address self-esteem deficits, and develop improved self-esteem. It is part of the Safe Passage Program.<br>

*Facilities:*

YORK CI

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

**Auspices:**

Health Services

**Treatment Types:**

Reintegration Enhancement/Relapse Prevention (RERP)

---

**Compendium Program: Sex Treatment Program - York CI**

---

**Gender Specific for:FEMALE**

**Description:**

The Sex Treatment Program is a specialized program open only to offenders with sex-offender charges. The program is provided by mental health staff with specialized training in the treatment of sex offenders. It deals with both specific behavioral issues typical of the offense and the likely underlying individual issues. This is both a supportive group and a highly structured psycho-educational group. It is an integral part of the state wide Sex Treatment Program.

**Facilities:**

YORK CI

**Auspices:**

Behavioral Health

**Treatment Types:**

Behavior Modification (BM);Mental Health (MH);Victim Impact (VI)

---

**Compendium Program: Short Track Problem Sexual Behavior Group**

---

**Gender Specific for:BOTH**

**Description:**

Utilizing the risk, need, responsivity model inmates are accessed to determine dosage and level of intensity of treatment that is indicated. Those inmates who are determined to be at moderate to low risk level, who will be receiving on-going treatment post-release in the community, or who are unable to participate in a more intensive treatment program for other reasons are assigned to the Short-Term Sexual Offender treatment group. Treatment targets dynamic risk factors empirically associated with risk of recidivism such as deviant sexual preferences, lack of positive social influences, intimacy deficits, problems with sexual self-regulation, problems a general self-regulation, attitudes supportive of sexual assault, and problems related to cooperation with supervision, integrates models of Cognitive Behavioral Treatment (i.e. The Good Lives Model) and Relapse Prevention.

**Facilities:**

BROOKLYN CI;CHESHIRE CI;MACDOUGALL CI;ROBINSON CI;YORK CI

**Auspices:**

Behavioral Health

**Treatment Types:**

Cognitive Behavioral Therapy (CBT)

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### **Compendium Program: SMART Recovery**

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#### **Gender Specific for:BOTH**

*Description:*

SMART Recovery is a voluntary group with two specific components; a recovery group and a pro-social activity group meeting weekly. SMART Recovery use variety of tools and techniques are employed for each of SMART's 4 points, including the Cost/Benefit Analysis; Change Plan Worksheet; Hierarchy of Values; ABSs of Rational- Emotive Behavioral Therapy (for both urge-coping and emotional upsets); DISARM (Destructive Imagery and Self- talk Awareness and Refusal Method); Brainstorming; and Role playing/ Rehearsing. The pro-social component is comprised of different activities geared toward building supportive peer relationships based in commonalities, trust and mutual caring. Activities include but are not limited to team building games, music, and mindfulness and meditative practices.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Substance Abuse (SA)*

---

### **Compendium Program: Solitary Garden Project**

---

#### **Gender Specific for:FEMALE**

*Description:*

The Project comes to life through correspondence(letters) between ad FGN staffer or volunteer and an offender, also known as the gardener. Their letters articulate to the FGM what kind of flowers or plants are grown in the garden bed, which is located at the FGM. The gardens become extensions of the offender in the community - creative and positive expressions of beauty and healing that volunteers enact on behalf of the gardener. The size and layout of Artist Jackie Sumell's plot echoes prison cells with "fixtures" made from biodegradable materials that will disappear over time as the plants and flowers mature. The artist focuses her work on the effects of the prison and is interested in the empathy the gardens can help cultivate for the incarcerated.

*Facilities:*

*YORK CI*

*Auspices:*

*Volunteer Services*

*Treatment Types:*

*Unknown*

---

**Compendium Program: Special Education and Pupil Services**

---

**Gender Specific for: BOTH**

*Description:*

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.) A social skills component is a part of the special education program.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WILLARD CI; YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

**Compendium Program: SRG Affiliation - York CI**

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**Gender Specific for: FEMALE**

*Description:*

*Facilities:*

YORK CI

*Auspices:*

Unknown

*Treatment Types:*

Behavior Modification (BM)

---

**Compendium Program: SRG Security Risk Group - Phase 1**

---

**Gender Specific for: BOTH**

*Description:*

Phase 1 of the SRG program consists of 3 programs designed to be facilitated on an in cell basis. The 3 components of Phase 1 include Getting Settled and Getting Going, Handling a Crisis and Interpersonal Effectiveness. This program can be modified for specific populations or facility use.

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

---

**Compendium Program: SRG Security Risk Group - Phase 2**

---

**Gender Specific for:BOTH**

*Description:*

Phase 2 of the SRG program consists of two programs. The programs are Anger Management and Choices and Consequences. This program can be modified for specific population or facility use.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

---

**Compendium Program: SRG Security Risk Group - Phase 3**

---

**Gender Specific for:BOTH**

*Description:*

Phase 3 of the SRG program consists of three programs. The programs are Attitudes, Behavior and Choices, Building the Ladder and Unlock Your Thinking. This program can be modified for specific population or facility use.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: SRG Security Risk Group - Phase 4**

---

**Gender Specific for:BOTH**

*Description:*

Phase 4 of the SRG program consists of 2 programs. The programs are Voices for SRG and How to do your Bid. This program can be modified for specific population or facility use.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

---

**Compendium Program: SRG Security Risk Group - Phase 5**

---

**Gender Specific for:BOTH**

*Description:*

Phase 5 of the SRG program consists of 2 programs. The programs are Relapse Prevention and Bridge Group. This program can be modified for specific population or facility use.

*Facilities:*

BRIDGEPORT CC;CORRIGAN CI;WALKER RC;YORK CI

*Auspices:*

All Facility Staff

*Treatment Types:*

Behavior Modification (BM)

---

**Compendium Program: Standing Strong**

---

**Gender Specific for:FEMALE**

*Description:*

The York CI Mentor Program is comprised of inmate mentors who demonstrate pro-social, adaptive coping skills as well as inmates who have recently entered YCI and are presenting with difficulty adjusting to the correctional environment. The program also provides an outlet for the offenders to receive peer support and insight into common adjustment issues. Topics addressed include: basic sleep hygiene, drug withdrawal, court stressors, managing the YCI system and coping strategies.

*Facilities:*

YORK CI

*Auspices:*

Behavioral Health

*Treatment Types:*

As of :07/16/2025

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Life Skills (LS);Mental Health (MH)*

---

**Compendium Program: Storybook Project**

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**Gender Specific for:FEMALE**

*Description:*

The Storybook Project is a program available for inmates or caregivers with children up to 17 years old.. Volunteers assist inmates in selecting an age-appropriate book to read and record on a CD The books and cds are sent to the children. An inmate may participate as many times as allowed by the volunteers

*Facilities:*

*YORK CI*

*Auspices:*

*Volunteer Services*

*Treatment Types:*

*Family Support (FS)*

---

**Compendium Program: Stress Management-York**

---

**Gender Specific for:FEMALE**

*Description:*

A five session group providing instruction and practice of Benson's Relaxation response, progressive muscle relaxation, self-hypnosis for sleep induction and introduction to interpersonal conflict resolution.

*Facilities:*

*YORK CI*

*Auspices:*

*Mental Health*

*Treatment Types:*

*Mental Health (MH)*

---

**Compendium Program: STRIDE**

---

**Gender Specific for:BOTH**

*Description:*

Provides services to those who are non-custodial parents of children who are in receipt of temporary family assistance benefits with the occupational and job search skills as well as resources to enter competitive employment positions.

*Facilities:*

*YORK CI*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

*Auspices:*  
*Contracted Program*

*Treatment Types:*  
*Life Skills (LS)*

---

**Compendium Program: Supportive Therapy**

---

**Gender Specific for:FEMALE**

*Description:*

This program is open to all who sign up. It is intended to serve as an outlet for inmates who often express concerns for the future as they approach discharge.

*Facilities:*  
*YORK CI*

*Auspices:*  
*Health Services*

*Treatment Types:*  
*Reintegration Enhancement/Relapse Prevention (RERP)*

---

**Compendium Program: Survivors of Sexual Abuse/Trauma & Empowerment**

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**Gender Specific for:FEMALE**

*Description:*

This group provides a safe environment where victims of sexual abuse can share their experience, beliefs about abuse and begin the healing process. The group helps participants gain insight into how abuse has influenced their lives and how to increase their self-esteem.

*Facilities:*  
*YORK CI*

*Auspices:*  
*Behavioral Health*

*Treatment Types:*  
*Mental Health (MH)*

---

**Compendium Program: Taleem**

---

**Gender Specific for:BOTH**

*Description:*

A study of text and themes from the Quran with life application.

*Facilities:*  
*BRIDGEPORT CC;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;MACDOUGALL CI;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI*

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

**Auspices:**

Religious Services

**Treatment Types:**

Unknown

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**Compendium Program: Target Group**

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**Gender Specific for: BOTH**

**Description:**

Target is an acronym for Trauma Adaptive Recovery Group Education and Therapy. This program guides participants through a series of steps. Psycho education is provided on Post-Traumatic Stress Disorder and skills are taught that permit trauma survivors to deal with the internal distress that often affects people with trauma histories. The emphasis is on learning about the disorder and acquiring the tools to permit a higher level of functioning. Target also prepares participants to engage in intensive therapy in dealing with their personal stories.

**Facilities:**

YORK CI

**Auspices:**

Behavioral Health

**Treatment Types:**

Life Skills (LS);Mental Health (MH)

---

**Compendium Program: Technical Violators Program (ATU-TOP)**

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**Gender Specific for: BOTH**

**Description:**

The Addiction Services Unit - Time Out Program (ATU-TOP) provides Substance Abuse Treatment for offenders returned to custody for non-compliance with the stipulations and/or conditions of their release from a DOC facility. ASU-TOP programming serves to reinforce the offender's foundation of substance abuse information, personal identification with recovery, and to motivate their continued use of formal and informal recovery support services upon their return to the community. The ATU-TOP uses two evidence-based; psycho-educational curriculum driven programs designed to help the offender identify the mechanisms which triggered their relapse into the use of Alcohol or other Drugs; enhance their recovery skills, and develop a plan for an on-going drug and crime free lifestyle. The ASU-TOP program will be delivered 5 times per week over the course of 3 weeks The Brief Substance Abuse Treatment Program shall be 15 sessions in length; the Intensive Relapse Prevention Program shall be 10 sessions in length. Participants will also complete the Job Center Program and the Reentry Workbook Program. Upon successful completion of TOP, inmates may attend Aftercare.

**Facilities:**

CHESHIRE CI;HARTFORD CC;OSBORN CI;ROBINSON CI;YORK CI

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Auspices:*  
*Addiction Treatment Unit*

*Treatment Types:*  
*Behavior Modification (BM);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

---

**Compendium Program: Textile Shop**

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**Gender Specific for:BOTH**

*Description:*

This is the largest of the shops of Correctional Enterprises of Connecticut (CEC). Inmates first assigned to this program spend several months in a training program learning how to operate sewing machines and other equipment used in the manufacture of garments, mattresses and embroidered items. The shop manufactures over 500,000 items annually. In,s learn to work in a high production environment providing quality products in a timely manner.

*Facilities:*  
*OSBORN CI;YORK CI*

*Auspices:*  
*Correctional Enterprises of Connecticut*

*Treatment Types:*  
*Education (Ed);Life Skills (LS)*

---

**Compendium Program: The Bridge-Supportive Therapy**

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**Gender Specific for:FEMALE**

*Description:*

This psychotherapy group includes a fixed membership group (closed admission) inviting participants to focus on how they can develop a -bridge- from where they are currently in their lives to where they would like to be in the near and distant future. The focus is on addressing internal and external barriers to positive change, employing constructive problem solving and developing a positive support system for change.

*Facilities:*  
*YORK CI*

*Auspices:*  
*Behavioral Health*

*Treatment Types:*  
*Mental Health (MH)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: The Douglass Project**

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**Gender Specific for:BOTH**

*Description:*

The Douglass Project offers a multi-state Prison Visitation Program that enables community members around the country to visit local correctional facilities and engage in open, face-to-face conversations with incarcerated people. These unique encounters will spur understanding and empathy—for both visitors and prisoners—that will, in turn, drive meaningful personal and systemic change.

Cohorts of approximately 10-20 outsiders per visit will visit correctional facilities and engage in face-to-face conversations with a same sized group of incarcerated adults. The conversations are facilitated by Douglass Project staff using proven tools and techniques that encourage respectful sharing and honest and dignified discussion. Cohorts of outside participants can join individually or as an affiliated group.

For more information or to register for a session, please visit [www.douglassproject.org](http://www.douglassproject.org)

*Facilities:*

*CHESHIRE CI;YORK CI*

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Unknown*

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**Compendium Program: The Red Road to Wellbriety**

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**Gender Specific for:FEMALE**

*Description:*

An on-going evidence based program in spiritual growth and emotional literacy, designed to teach emotional regulation techniques, foster emotional growth, and encourage responsibility and accountability for oneself and toward others. Female offenders create meaningful narratives of their lives through working toward healing experiences of past decisions, trauma and grief and learning emotional regulation and practices. Wellbriety is a change in personal identity and values and a visible change in ones relationship with others. It is about Spiritual, physical, emotional, and relational health. This is not accomplished in isolation but in relation to those around us, family, and the community.

*Facilities:*

*YORK CI*

*Auspices:*

*Religious Services*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Treatment Types:*

*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

---

**Compendium Program: Three Rivers Community College, TRCC**

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**Gender Specific for:BOTH**

*Description:*

TRCC is a community college in Norwich, CT., it offers associate degree and certificate programs as well as healthcare certificate programs and business and industry programming.

*Facilities:*

*YORK CI*

*Auspices:*

*Contracted Program*

*Treatment Types:*

*Education (Ed);Life Skills (LS)*

---

**Compendium Program: Tier Four Addiction Services Residential Treatment Program**

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**Gender Specific for:BOTH**

*Description:*

The Tier 4 Addiction Services program is a modified therapeutic community. The program provides inmates the opportunity to be involved in full-time substance treatment in a separate housing unit. Tier 4 treatment is intensive and includes curriculum, skill building and process groups, as well as community building and individual counseling. These residential programs are six-twelve months in length.

*Facilities:*

*OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Addiction Treatment Unit*

*Treatment Types:*

*Cognitive Behavioral Therapy (CBT);Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

---

**Compendium Program: Tier I - Addiction Services - Brief Substance Abuse Education Program**

---

**Gender Specific for: BOTH**

*Description:*

To meet the treatment needs of offenders re-entering the community from a pre-sentence or direct admission facility Addiction Services Units offer a Tier I Reentry Program. Using the evidenced based -Beat the Streets- curriculum this program component focuses on relapse and re-integration.

*Facilities:*

BRIDGEPORT CC; HARTFORD CC; MANSON YI; NEW HAVEN CC; YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

---

**Compendium Program: Tier II Addiction Services Intensive Outpatient Program**

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**Gender Specific for: BOTH**

*Description:*

The Tier II Program is an intensive outpatient Addiction Services Program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement. This program may also be held in Spanish for Spanish Speaking offenders.

*Facilities:*

BROOKLYN CI; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Cognitive Behavioral Therapy (CBT); Substance Abuse (SA)

---

**Compendium Program: Tier Meeting**

---

**Gender Specific for: FEMALE**

*Description:*

Tier meetings meet weekly to discuss matters touching life on the individual tier (24 beds/12 cells). Offenders are encouraged to deal in an appropriate manner with local concerns that may well be causing friction within the group. These meetings occur in various housing units at York CI as part of therapeutic community mental health programs.

*Facilities:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

YORK CI

*Auspices:*  
*Behavioral Health*

*Treatment Types:*  
*Life Skills (LS);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)*

---

**Compendium Program: Transitional Case Management (TCM)**

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**Gender Specific for:BOTH**

*Description:*

The Transitional Case Management (TCM) program is designed to help ensure individuals a successful transition from incarceration back to the community through comprehensive case management, encouragement and support as well as addiction service treatment. Weekly individual and group therapy sessions are held with clients from three months prior to release and up to four months afterwards for transition planning. TCM clinicians focus during this period on issues such as employment, housing, insurance, transportation and education as they improve confidence in themselves and their ability to succeed.

*Facilities:*  
*BROOKLYN CI;CYBULSKI CI;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI*

*Auspices:*  
*Community Addiction Services;Contracted Program*

*Treatment Types:*  
*Life Skills (LS);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

---

**Compendium Program: Transitional Linkage into the Community (TLC)**

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**Gender Specific for:BOTH**

*Description:*

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

*Facilities:*  
*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;HARTFORD CC;MACDOUGALL CI;NEW HAVEN CC;WALKER RC;YORK CI*

*Auspices:*  
*Health Services*

*Treatment Types:*  
*Behavior Modification (BM);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: Trauma Resolution Program (TRP)**

---

**Gender Specific for:FEMALE**

*Description:*

An open group therapy curriculum addressing the physical, emotional, and relational aspects of the healing journey. This group will focus on the after-effects of physical and/or sexual abuse and domestic violence. Women will gain education about trauma and it's impact on one's development, self-esteem, relationships, and sense of safety. Skill building will focus on ways to manage triggers/distress and establish healthy boundaries. This group will provide a foundation for women to pursue trauma therapy, during or after their incarceration.

*Facilities:*

*YORK CI*

*Auspices:*

*Behavioral Health*

*Treatment Types:*

*Mental Health (MH)*

---

**Compendium Program: TREM: Trauma Recovery and Empowerment Model (Female)**

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**Gender Specific for:FEMALE**

*Description:*

TREM (Trauma Recovery and Empowerment Model) is a gender specific, trauma-informed recovery group that meets in 16 sessions. It constitutes Phase Two of the Change Program. Therefore, it is assumed that all participants have completed TARGET (Trauma Affect Regulation Guide for Education and Treatment,) Phase One. The group is designed as a safe place where women in the group can learn more about trauma and its effect on the person and, importantly, begin sharing their stories.

*Facilities:*

*YORK CI*

*Auspices:*

*Mental Health*

*Treatment Types:*

*Aggression Replacement Training (ART);Life Skills (LS);Mental Health (MH)*

---

### Compendium Program: Trinity College Courses

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#### Gender Specific for:FEMALE

*Description:*

Trinity College is providing a credit-bearing college seminar entitled "Identity in a Global World" to York CI inmates. The seminar will be provided in a multi-disciplinary format at the rate of one seminar per year. Seminar will include up to fifteen inmates. To be eligible participants must have a high school diploma or GED equivalency.

*Facilities:*

HARTFORD CC;YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

---

### Compendium Program: USD#1 Adult Basic Education (GL 5-8)

---

#### Gender Specific for:BOTH

*Description:*

ABE is a primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 2 is provided to individuals who have been assessed by the education unit with a 5-8 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WILLARD CI;YORK CI

*Auspices:*

USD#1

*Treatment Types:*

Education (Ed)

---

### Compendium Program: USD#1 Adult Basic Education (GL 9-12)

---

#### Gender Specific for:BOTH

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing academic proficiency. ABE 3 is provided to individuals who have been assessed by the education unit with a 9-12 grade level.

*Facilities:*

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;YORK CI

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

---

**Compendium Program: USD#1 Adult Basic Education 4 (GL 0-12)**

---

**Gender Specific for:BOTH**

*Description:*

ABE is the primary program of instruction designed to provide training in academic skills in the areas of reading, mathematics, language arts, general science and social studies. the program is directed toward increasing academic proficiency. ABE 4 is provided to individuals who have been assessed by the education unit with a 0-12 grade level.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CENTRAL OFFICE ;CORRIGAN CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

---

**Compendium Program: USD#1 GED/High School Diploma**

---

**Gender Specific for:BOTH**

*Description:*

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

*Facilities:*

*BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*  
USD#1

*Treatment Types:*  
Education (Ed)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: VOICES (Victim Offender Institutional Correctional Educational Services)**

---

**Gender Specific for:BOTH**

*Description:*

Victim Offender Institutional Correctional Educational Services . This program is designed to use volunteer support to broaden inmates' understanding and sensitivity to the impact of their crime on others.

*Facilities:*

*BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;OSBORN CI;ROBINSON CI;YORK CI*

*Auspices:*

*Programs & Treatment Unit*

*Treatment Types:*

*Victim Impact (VI)*

---

**Compendium Program: Voices of Joy Choir**

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**Gender Specific for:FEMALE**

*Description:*

This is a group that meets to practice gospel music and participates in Protestant Worship services and community functions.

*Facilities:*

*YORK CI*

*Auspices:*

*Religious Services*

*Treatment Types:*

*Unknown*

---

**Compendium Program: W.O.R.T.H Unit Program Mentor**

---

**Gender Specific for:FEMALE**

*Description:*

The State of Connecticut Department of Correction's program for young adults incarcerated in CT ages 18 through 25; located at the York Correctional Institution. Mentors are inmates who have been chosen to mentor and encourage those residing in the unit.

*Facilities:*

*YORK CI*

*Auspices:*

*W.O.R.T.H Unit Staff*

*Treatment Types:*

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

*Unknown*

---

**Compendium Program: W.O.R.T.H. Unit**

---

**Gender Specific for:FEMALE**

*Description:*

WORTH UNIT: The women of W.O.R.T. Hs objectives are centered on restoration, rehabilitation and reintegration readiness. This restorative community, which resembles and functions more like the outside world than an institution, engages in gender responsive and youth specific strategies that are implemented through collaborations between residents, their families, staff, and the community. The WORTH unit focuses on the fostering of pro-social behaviors and the empowerment of women through the development of critical thinking and decision making skills that enhance women's opportunities to build character and positive community connections. Four Phases: Orientation Phase (14 Days) Restorative Living Phase, Restorative Leadership Phase, Transition Phase

*Facilities:*

*YORK CI*

*Auspices:*

*W.O.R.T.H Unit Staff*

*Treatment Types:*

*Education (Ed);Family Support (FS);Life Skills (LS);Medical (Med);Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP);Substance Abuse (SA)*

---

**Compendium Program: Warm Up to the Day (community Meeting)**

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**Gender Specific for:FEMALE**

*Description:*

This group fosters, open communication on the unit between staff and inmates as it provides a safe supportive environment to vocalize one's issues with the unit, tier, roommates, etc. Walk/Stretch follows, providing valuable exercise in the morning, teaching new stretch/exercises, promoting leadership as offenders lead the stretching/exercise, and educates them on correct form and alternatives to do in their rooms during lock time.<br>

*Facilities:*

*YORK CI*

*Auspices:*

*Health Services*

*Treatment Types:*

*Mental Health (MH)*

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**Compendium Program: Wesleyan Center for Prison Education**

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**Gender Specific for: BOTH**

*Description:*

The Center for Prison Education is beginning it's fourth academic year at Cheshire Correctional Institution. This program has offered a wide array of classes spanning the liberal arts of Wesleyan, from Greek Tragedy, Biology, American Intellectual History to Fiction Writing. The inmates are selected through a rigorous applications process of timed essay prompts, interviews and a math exam. The program also engages inmates who were not selected for the college program in a multi-disciplinary college prep workshop run by Wesleyan students.

*Facilities:*

CHESHIRE CI; YORK CI

*Auspices:*

Contracted Program

*Treatment Types:*

Education (Ed)

---

**Compendium Program: Wicca Sabbat and Esbat Circle**

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**Gender Specific for: BOTH**

*Description:*

A 1-hour collective activity to conduct Circle on Sabbats, including: Imbolc (Feb); Ostara (Mar); Beltane (Apr/May); Litha (Jun); Lammas (Aug); Mabon (Sep); Samhain (Oct); Yule (Dec), as identified in the Religious Services Annual Calendar of Religious Holidays, and Esbats, including every Full Moon, as identified in the Religious Services Annual Calendar of Religious Holidays.

*Facilities:*

BRIDGEPORT CC; BROOKLYN CI; CENTRAL OFFICE ; CHESHIRE CI; CORRIGAN CI; CYBULSKI CI; GARNER CI; HARTFORD CC; MACDOUGALL CI; MANSON YI; NEW HAVEN CC; OSBORN CI; ROBINSON CI; WALKER RC; WILLARD CI; YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Unknown

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**Compendium Program: Wicca Study**

---

**Gender Specific for: BOTH**

*Description:*

A 1-hour weekly collective activity reserved for studying the Wicca tradition

*Facilities:*

**Alphabetic Listing of Programs for YORK CI, All Auspices, All Types**

BRIDGEPORT CC;BROOKLYN CI;CHESHIRE CI;CORRIGAN CI;CYBULSKI CI;GARNER CI;HARTFORD CC;MACDOUGALL CI;MANSON YI;NEW HAVEN CC;OSBORN CI;ROBINSON CI;WALKER RC;WILLARD CI;YORK CI

*Auspices:*

Religious Services

*Treatment Types:*

Education (Ed)

---

**Compendium Program: Women for Sobriety**

---

**Gender Specific for:FEMALE**

*Description:*

The WFS New Life Program is a mutual aid recovery program designed specifically for women's recovery need. The purpose is to help all women find their individual path to recovery through discovery of self. Peer facilitated groups offer the experiences, hopes, and encouragement of other women in similar circumstances\_

*Facilities:*

YORK CI

*Auspices:*

Addiction Treatment Unit

*Treatment Types:*

Substance Abuse (SA)

---

**Compendium Program: Women's Empowerment/Supportive Therapy**

---

**Gender Specific for:FEMALE**

*Description:*

This group is designed to meet the needs of inmate's with acute mental health disorders. This group is mainly psychoeducational as well as providing support to this population. This group focuses on; hygiene, psychotropic medicine management, mental health diagnosis, communication skills, anger management, and healthy relationships. Members are encouraged to provide feedback and support each other in a safe, encouraging atmosphere.

*Facilities:*

YORK CI

*Auspices:*

Mental Health

*Treatment Types:*

Life Skills (LS);Mental Health (MH)

*Connecticut Department of Correction*  
**PROGRAMS & TREATMENT UNIT**  
*Alphabetic Listing of Programs for YORK CI, All Auspices, All Types*

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**Compendium Program: Youthful Offenders Community Meeting**

---

**Gender Specific for:FEMALE**

*Description:*

This weekly group is held on the youthful offender unit. It deals with -community- issues and emphasizes collaborative problem solving. Socialization is a prominent feature of this group, which is designed to serve as a flexible tool for supporting harmony in the group and the growth of these young people.

*Facilities:*

YORK CI

*Auspices:*

Programming Unit - Facility Staff

*Treatment Types:*

Mental Health (MH);Reintegration Enhancement/Relapse Prevention (RERP)