

Connect to Services in Your Region:



Region 1

Family and Children's Agency
Norwalk, CT 06850
Phone: (203) 855-8765, 1-800-676-4066

Region 2

Bridges, Inc.
Milford, CT 06460
Phone: (203) 878-6365

Region 3

United Services
Willimantic, CT 06226
Phone: (860) 456-2261

Region 4

Wheeler Clinic
Plainville, CT 06062
Phone: (860) 793-3500

Region 5

McCall Foundation
Torrington, CT 06790
Phone: (860) 496-2100

Senior Outreach & Engagement Program

Statewide Services/ Older Adults Services

Connecticut Department of
Mental Health and Addiction Services
Connecticut Valley Hospital
Shew Hall
P.O. Box 351
Middletown, CT 06457

(860) 262-6966



Connecticut Department of Mental Health and Addiction Services

410 Capitol Avenue
P.O. Box 341431
Hartford, CT 06134

Phone: 860-418-7000
www.ct.gov/dmhas

Senior Outreach & Engagement Program

Creating Community Connections



*A program from the Connecticut Department
of Mental Health and Addiction Services*



Senior Outreach & Engagement

Eligibility Criteria

You are age 55 or older

Program Goal

Provide services in a person-centered, culturally sensitive manner that reduces substance misuse, stabilizes behavioral health symptoms and improves quality of life.

Our Belief

Assisting older adults in remaining integrated in their communities in the least restrictive setting possible.

The program complements existing DMHAS programs that focus on diverting older adults from long-term care and developing home- and community-based services to assist older adults with “aging in place”.

Senior Outreach and Engagement provides proactive approaches to identify, engage, refer and link older adults to individually tailored community treatment options including:

- Individual Counseling (including in-home counseling)
- Group Counseling
- Referrals for Substance Use Treatment
- Referrals for Mental Health Treatment
- Linkages to Senior Service Networks
- Collaboration with Other Caregivers Including Family Members and Physicians



The Senior Outreach and Engagement staff also provide:

- Education and consultation to local agencies to promote integration and collaboration of services for older adults.
 - A coordinated system of aftercare for older adults identified by the program.
 - Assistance to older adults in identifying strengths and fostering community connectedness.
 - Continuity of care for customers in an integrated, coordinated fashion .
 - **Services that are free and confidential.**
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