

# STATE OF CONNECTICUT

## DEPARTMENT OF PUBLIC HEALTH

Deidre S. Gifford, MD, MPH  
Acting Commissioner



Ned Lamont  
Governor  
Susan Bysiewicz  
Lt. Governor

### CONNECTICUT TRAVEL ADVISORY

This travel advisory amends the Connecticut Travel Advisories issued by the Commissioner of Public Health (Commissioner) on July 2, July 23, and August 19, 2020.

Pursuant to Governor Ned Lamont's [Executive Order No. 9C](#), I am hereby issuing a modified travel advisory, for travel into Connecticut occurring on and after 12:01 a.m. on September 18, 2020, which shall be communicated widely at all major points of entry into Connecticut, including on highway message boards and in all Connecticut airports, that:

#### 1. Self-Quarantine and Travel Health Form Requirements:

- A. Affected State.** An Affected State is a state with (1) a positive case rate higher than 10 per 100,000 residents, or (2) higher than a 10% test positivity rate over a seven (7) day rolling average. The list of Affected States is fluid and is updated weekly on Tuesday on the [Connecticut Travel Advisory webpage](#) of Connecticut's COVID-19 Response website.
- B. Affected Country.** An Affected Country is a country for which the [Centers for Disease Control and Prevention \(CDC\) has issued a Level 3 Travel Health Notice](#).
- C. Affected Traveler.** An Affected Traveler is a person entering into the State of Connecticut who has spent twenty-four (24) hours or longer in an Affected State or an Affected Country within fourteen (14) days prior to arriving in Connecticut but does not include an individual remaining in Connecticut for less than twenty-four (24) hours. The term "Affected Traveler" includes Connecticut residents who are returning from a visit to an Affected State or an Affected Country.
- D. Mandatory Self-Quarantine Requirement.** All Affected Travelers shall self-quarantine for a period of fourteen (14) days from the time of last contact with such Affected State or Affected Country, for any portion of such fourteen (14) day period they spend in Connecticut, or for the duration of such Affected Travelers' stay in Connecticut, whichever is shorter. Affected Travelers shall self-quarantine at their home, or a hotel or other temporary lodging. If a person's last contact with an Affected State or an Affected Country is more than fourteen (14) days prior to such person's arrival in Connecticut, such person is not required to self-quarantine upon arrival to Connecticut. For purposes of this travel advisory, an Affected Traveler who is under self-quarantine may leave his or her designated self-



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quarantine location for medical visits, to obtain medication or to shop for groceries. Affected Travelers traveling with minors are required to ensure such minors comply with the self-quarantine requirement.

**E. Mandatory Travel Health Form Requirement.** All Affected Travelers shall complete a Travel Health Form and provide such completed form, **prior to or no later than upon the day of arrival in Connecticut**, to the Department of Public Health online at [ct.gov/travelform](http://ct.gov/travelform) or to any person or drop location designated and authorized by the Commissioner. The Travel Health Form requires an Affected Traveler to disclose his or her name, the last Affected State or Affected Country in which such Affected Traveler has spent twenty-four (24) hours or longer, last date of stay in such Affected State or such Affected Country, date of arrival in Connecticut, address of designated self-quarantine location in Connecticut, length of stay, address in home state or country, cell phone number, contact phone number while in Connecticut, method of travel into Connecticut, and information regarding accompanying minors. Such Travel Health Form shall be modified by the Commissioner as may be necessary.

**F. Civil Penalties.**

(i) An Affected Traveler who refuses or fails to self-quarantine shall be subject to a civil penalty of **five hundred dollars (\$500.00)**.

(ii) An Affected Traveler who refuses or fails to submit the mandatory Travel Health Form shall be subject to a civil penalty of **five hundred dollars (\$500.00)**.

(iii) An Affected Traveler who refuses or fails to complete the mandatory Traveler Health Form truthfully and accurately shall be subject to a civil penalty of **five hundred dollars (\$500.00)**.

(iv) Any person assessed with a notice of civil penalty may, within ten (10) business days of the date of the notice of civil penalty, request a hearing before the Commissioner.

**2. Exemptions from the Mandatory Self-Quarantine Requirement:**

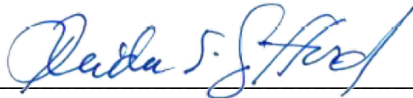
**A. Testing Alternative.** An Affected Traveler shall be exempt from the self-quarantine requirement if such Affected Traveler (i) has had a test for COVID-19 in the seventy-two (72) hours prior to arrival in Connecticut or at any time following arrival in Connecticut, (ii) the result of such COVID-19 test is negative, and (iii) he or she has provided written proof of such negative test result to the Commissioner via email to: [DPH.COVID-Travel@ct.gov](mailto:DPH.COVID-Travel@ct.gov) or via facsimile to: (860) 326-0529. Only results for nucleic acid COVID-19 tests, such as reverse transcriptase polymerase chain reaction (RT-PCR) tests, shall be accepted. If a test was obtained in the seventy-two (72) hours prior to arrival in Connecticut, or following arrival in Connecticut, and such Affected Traveler has not yet received his or her test results, such Affected Traveler shall remain in self-quarantine while in Connecticut until a negative test result is submitted to the Commissioner. If the test result is positive and the Affected Traveler is asymptomatic, he or she shall self-isolate for ten (10) days from the date of the test; if symptomatic, he or she should seek medical assistance. Travelers who test positive for COVID-19 prior to traveling to Connecticut should delay such travel and consult with a medical professional. An Affected Traveler who is exempt from the self-quarantine requirement pursuant to this subparagraph is required to submit a Travel Health Form in accordance with this travel advisory.

**B. Essential Workers.** Affected Travelers traveling to, or returning to, Connecticut from Affected States or Affected Countries who work in critical infrastructure [as designated by the Cybersecurity and Infrastructure Security Agency](#), including students in exempt health care professions, are exempted from

the self-quarantine requirement when such travel is related to their work. This includes any state, local, and federal officials and employees traveling in their official capacities on government business. If such worker was in an Affected State or an Affected Country for a reason other than work (e.g., vacation), such worker shall be required to self-quarantine and submit a Travel Health Form in accordance with this travel advisory. An Affected Traveler who is exempt from the self-quarantine requirement pursuant to this subparagraph is required to submit a Travel Health Form in accordance with this travel advisory.

- C. Positive Test Result.** If an Affected Traveler has tested positive for COVID-19 within ninety (90) days prior to his or her arrival in Connecticut and has clinically recovered, or has not been symptomatic for a period of ten (10) days since symptom onset or such positive test if not symptomatic, the self-quarantine requirement will not apply, provided the Affected Traveler has submitted, prior to or immediately upon arrival in Connecticut, written proof of such test result to the Commissioner via email to: [DPH.COVID-Travel@ct.gov](mailto:DPH.COVID-Travel@ct.gov) or via facsimile to: (860) 326-0529. Only results for nucleic acid COVID-19 tests, such as reverse transcriptase polymerase chain reaction (RT-PCR) tests, shall be accepted. Such Affected Traveler who is exempted from the self-quarantine requirement pursuant to this subparagraph is required to submit a Travel Health Form in accordance with this travel advisory. An Affected Traveler who has had a positive test result for COVID-19 more than ninety (90) days prior to arriving in Connecticut shall self-quarantine and submit the Travel Health Form in accordance with this travel advisory.

Issued on this 17th day of September 2020.



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Deidre S. Gifford, MD, MPH  
Acting Commissioner