

# STATE OF CONNECTICUT

## DEPARTMENT OF PUBLIC HEALTH

Manisha Juthani, MD  
Commissioner



Ned Lamont  
Governor  
Susan Bysiewicz  
Lt. Governor

### FACILITY LICENSING AND INVESTIGATIONS SECTION

## BLAST FAX 2025-4

TO: Nursing Home Administrators  
Hospital Administrators

FROM: Jennifer Olsen-Armstrong, R.D, M.S.  
Section Chief, Facility Licensing and Investigations Section

CC: Commissioner Manisha Juthani, MD  
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Lorraine Cullen M.S, RRT-ACCS, Branch Chief, Healthcare Quality and Safety  
Cheryl Davis, R.N., BSN, Public Health Services Manager  
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DATE: March 6, 2025

SUBJECT: Sysco Imperial or Lyons ReadyCare supplement shakes

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Connecticut is part of a multistate investigation by federal and state public health officials of a *Listeria* outbreak that has been linked to frozen supplement shakes distributed by Lyons Magnus LLC under the brands Sysco Imperial and Lyons ReadyCare. Nationally, many of the people sickened by this outbreak lived in long-term care facilities or were hospitalized before becoming sick. Connecticut has had two cases linked to this outbreak. One of our cases fell ill during February 2023, and the second case was in October 2024. Both individuals were residents of long-term care facilities and have since recovered from their illnesses. Any facility with Sysco Imperial or Lyons ReadyCare frozen supplement shakes should throw them away or return them to the place of purchase. The Connecticut Department of Public Health also recommends cleaning refrigerators, containers, or surfaces that may have touched the recalled products. *Listeria* can easily survive in the refrigerator and easily spreads to other foods and surfaces.



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As you are likely aware, for people who are 65 years or older or who have a weakened immune system, Listeriosis often results in hospitalization and sometimes death.

If your facility received this product, discontinue use of the product immediately and monitor residents who may have consumed the product for signs/symptoms of *Listeria* infection (fever, muscle aches, fatigue, headache, stiff neck, confusion, loss of balance, or seizures). Symptoms usually start within 2 weeks after eating food contaminated with *Listeria* but may start as early as the same day or as late as 10 weeks after.

Should you have any questions, contact the Facility Licensing and Investigations Section at 860-509-7400 or the Epidemiology Program at 860-509-7994 (after hours 860-509-8000).