

SCHOOL BASED HEALTH CENTER ADVISORY COMMITTEE (AD HOC COMMITTEE)

Minutes of Meeting (*Approved*)

Date: October 15, 2024

Location: Microsoft Teams Meeting

Member Participation: Christin Kondash, Tricia Orozco, Jason Shirley, Dr. Ranbir Bains, Ali Mulvihill, Sherry Linton-Massiah, Debbie Chameides, Amanda Pickett, Andrea Duarte, Catherine Holt, Melanie Wilde-Lane, Melanie Bonjour, Heather Dawson

Absent Members: John Flanders, Lynn Weeks, Judy Kanz, Dr. Robert Dudley, Thomas Nuccio, Alice Martinez, Yvette Cortez

Other Attendees: Christine Velasquez, Johanna Davis, Ann Gionet, Chlo-Anne Bobrowski, Josina James, (CT-N)

Item	Action	Follow Up
1. Introductions	<ul style="list-style-type: none"> Attendance taken 	
2. Approval of Minutes	<ul style="list-style-type: none"> Approved minutes from 7/16/24 (1. Amanda Pickett 2. Sherry Linton-Massiah) Abstain Heather Dawson, Jason Shirley 	
3. SBHC Advisory Report Review	<p>Review of Report Recommendations:</p> <ul style="list-style-type: none"> Adopt minimum quality standards for SBHCs and ESHS and for DPH to add these to the outpatient clinic licensing regulations. COLA increase for DPH funded SBHCs. CASBHC legislative priorities: <ul style="list-style-type: none"> Increasing the Medicaid reimbursement rates, Medicaid expansion to cover undocumented students through the age of 21, Continued funding for SBHC expansion throughout the state with a focus on rural areas of CT, SBHC COLA, Department of Children and Family SBHC license to be amended to support sponsoring organizations who are not eligible for an Outpatient Clinic License (OPC) but want to open a SBHC within a school district offering mental health services. Children’s Healthcare Subcommittee recommendations: <ul style="list-style-type: none"> Increase access to programs, services, and resources for target populations Sustain key programs, services, and resources through an “invest-reinvest strategy” Advance collaboration and system building <p>Suggestion was made to add a recommendation around how dental bundling is impacting SBHCs.</p>	
4. CASBHC Updates	<ul style="list-style-type: none"> Annual Conference “Cultivating the Culture of Care” is on November 19th at the Heritage Hotel in Southbury. Dr. Robert Keder will be the keynote speaker. For more information: https://ctschoolhealth.org/annual-conference/ 	

	<ul style="list-style-type: none"> CASBHC received a bond grant to purchase and renovate a building (61 Russ Street, Hartford) which will be the new location for the CASBHC office. The site will also have office space for rent. 	
5. DPH Update	<ul style="list-style-type: none"> Maternal and Child Health Block Grant federal review took place in September. DPH will be working on the Maternal and Child Health 5-year needs assessment in the coming months. Will be reaching out to stakeholders and partners to help develop the 5-year priorities. 	
6. Member Updates	<ul style="list-style-type: none"> Andrea Duarte: September was Suicide Prevention Month, and a lot of activities took place across CT. Chris Murphy had a round table discussion in Danbury to talk about youth mental health. SBHCs were mentioned as one of the best ways to connect with kids because of access. Dr Ranbir Bains: Former President of the American Academy of Pediatrics coming to visit a SBHC in New Haven. Yale, Fair Haven, Cornell Scott, and New Haven staff will be in attendance. Jason Shirly: Made suggestion that using a platform like Basecamp might be useful to share ideas amongst the group. Chlo-Anne Bobrowski: Intercommunity received some funding from SDE for SBHC expansion in East Hartford. Amanda Pickett: SDE putting on 3-part webinar series for families. See flier below. Josina James: Mindmap Campaign. Step Program early detection and treatment for young people with recent onset psychosis. 	
7. Next Meetings	<p>January 21, 2025 1:30-3:00 April 15, 2025 1:30-3:00 July 15, 2025 1:30-3:00 October 21, 2025 1:30-3:00</p> <p>Meeting Adjourned (1. Amanda Pickett, 2. Tricia Orozco)</p>	

Respectfully Submitted, Christine Velasquez



Supporting Your Child's Health and Well-being During the School Year

Virtual House Calls for Parents, Caregivers, and Families: A Three-Part Series

October 2024

Part 1: Supporting Child and Family Wellness

Join us for an engaging and informative discussion with Dr. Robert Keder, a Developmental Pediatrician from Connecticut Children's Hospital, as we explore ways to support children's well-being both at home and in school. In this family-friendly session, Dr. Keder will share insights into understanding challenging behaviors, child development, and how these factors influence learning. You'll gain valuable tips on recognizing risks and building resilience, and learn practical strategies to create a supportive environment for your child's growth and success.



Date: Thursday, October 10, 2024, 5:00 p.m.–6:00 p.m.

Register: Scan the QR code or visit <https://serc.info/vhcpart1>

Part 2: Preparing Your Family for Cold and Flu Season

Join us for an engaging and informative webinar presented by Dr. Sten Vermund, MD, PhD, from Yale School of Public Health and Global Virus Network, on the topic of Respiratory Health and Wellness.

Students experience fewer missed days from school when parents and schools work together to address risk factors and use prevention strategies to stop the spread of illnesses, including colds, Influenza, RSV, and COVID-19. Dr. Vermund will share his expert advice and "pearls of wisdom" on best practices to participants.



Date: Thursday, October 24, 2024, 5:00 p.m.–6:00 p.m.

Register: Scan the QR code or visit <https://serc.info/vhcpart2>

Part 3: Protecting Our Youth: A Community Approach to Suicide Prevention

Connecticut experienced 10 teen suicides over this summer. While it can be difficult to discuss, it is important for parents and caregivers to talk to their children about suicide and mental health.

The CSDE invites you to join our panel of experts from the Department of Children and Families (DCF) and the Department of Mental Health and Addiction Services (DMHAS) for a conversation with parents and caregivers. We will discuss warning signs to look for, tips on how to talk to your child about their feelings, stressors and well-being, and where to turn to get help for you and your child.



Date: Thursday, November 7, 2024, 5:00 p.m.–6:00 p.m.

Register: Scan the QR code or visit <https://serc.info/vhcpart3>

CONNECTICUT STATE DEPARTMENT OF EDUCATION

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Apoyando la Salud de su Hijo y Bienestar Durante el Año Escolar

Visitas virtuales a domicilio para padres, cuidadores y familias: una serie de tres partes

Octubre 2024

Parte 1: Apoyando el bienestar de los niños y las familias

Únase a nosotros para una conversación interesante e informativa con el Dr. Robert Keder, pediatra del desarrollo del Connecticut Children's Hospital, mientras exploramos formas de apoyar el bienestar de los niños tanto en el hogar como en la escuela. En esta sesión familiar, el Dr. Keder compartirá ideas sobre la comprensión de los comportamientos desafiantes, el desarrollo infantil y cómo estos factores influyen en el aprendizaje. Obtendrá valiosos consejos sobre cómo reconocer los riesgos y desarrollar la resiliencia, y aprenderá estrategias prácticas para crear un entorno de apoyo para el crecimiento y el éxito de su hijo.



Fecha: Jueves 10 de octubre de 2024, 5:00 p.m.–6:00 p.m.

Regístrese: Escanee el código QR o visite <https://serc.info/vhccpart1>

Parte 2: Preparar a su familia para la temporada de resfriados y gripe

Únase a nosotros para un seminario web atractivo e informativo presentado por el Dr. Sten Vermund, MD, PhD, de la Escuela de Salud Pública de Yale y la Red Global de Virus, sobre el tema de la salud respiratoria y el bienestar.

Los estudiantes experimentan menos días perdidos de la escuela cuando los padres y las escuelas trabajan juntos para abordar los factores de riesgo y usar estrategias de prevención para detener la propagación de enfermedades, incluidos los resfriados, la influenza, el VRS y el COVID-19. El Dr. Vermund compartirá sus consejos expertos y "consejos de sabiduría" sobre las mejores prácticas con los participantes.



Fecha: Jueves 24 de octubre de 2024, 5:00 p.m.–6:00 p.m.

Regístrese: Escanee el código QR o visite <https://serc.info/vhccpart2>

Parte 3: Protegiendo a Nuestros Jóvenes: Un Enfoque Comunitario para la Prevención del Suicidio

Connecticut experimentó 10 suicidios de adolescentes durante este verano. Si bien puede ser difícil hablar de ello, es importante que los padres y cuidadores hablen con sus hijos sobre el suicidio y la salud mental.

El CSDE te invita a unirse a nuestro panel de expertos del Departamento de Niñez y Adolescencia Familias (DCF) y el Departamento de Servicios de Salud Mental y Adicciones (DMHAS) para una conversación con los padres y cuidadores. Hablaremos sobre las señales de advertencia a las que debe prestar atención, consejos sobre cómo hablar con su hijo sobre sus sentimientos, factores estresantes y bienestar, y a dónde acudir para obtener ayuda para usted y su hijo.



Fecha: Jueves 7 de noviembre de 2024, 5:00 p.m.–6:00 p.m.

Regístrese: Escanee el código QR o visite <https://serc.info/vhccpart3>

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